

# **STRATEGIC PLAN**

## **Mental Health Services Management Plan**

**consortium of:**  
**Audubon, Greene and Guthrie Counties, Iowa**

**March 27, 2003**

### **A. Vision**

It is the vision of the consortium of Audubon, Greene and Guthrie Counties, in managing the mental health funds, to assist people with disabilities or mental illness to live and work in the community of their choosing, while assuring that their basic care and safety needs are met. This plan intends to offer the supports necessary to empower people with disabilities to exercise their rights, take risks, and bear responsibilities as would any citizen. It is the intention of the counties to develop a system of administration that will allow easy access, quick response, holistic planning, comprehensive coverage of needs, and based on consumer-direction. The system will direct that the provision of supports be provided in the least-restrictive option that is safe and practical. The practices which fall under the administration of this plan will be completed in the context of the need to manage the use of tax dollars efficiently and responsibly.

### **B. Needs Assessment**

Information regarding the needs of consumers in the consortium is obtained from a number of stakeholders including the Mental Health Coordinator, all Supervisors, provider agencies, DHS Case Managers, selected consumers, and parents of consumers. The most typical means of receiving information about needs of consumers and thus needed additions or changes in the system is through the individualized team planning process. Case managers and/or provider staff have communicated to the Coordinator regarding proposed individual plans which may require any number of changes. Thus, the needs identified are those which have become apparent in the course of implementing individualized planning over the past four years. Individual needs are currently being documented by means of surveys and interviews.

- Community, home-based supports for people with chronic and severe mental illness in both Guthrie and Audubon Counties – This need became apparent after repeated incidents of hospitalizations and re-hospitalizations, in which it became apparent that supports in the home were not adequate to meet the consumer's minimal needs.
- Residential support alternatives, in-county, for people living in Audubon or Guthrie Counties. Whereas HCBS MR/Waiver (5-beds), RCF/MR, RCF, and Supported Community Living (SCL) levels of care are available to consumers living in Greene County, only RCF and SCL levels of care are available in the other two counties. A recent related need has developed due to the low unemployment rate. People needing residential support at the HCBS and/or SCL levels are waiting in RCF/MR or RCF levels, due to the inability of providers to staff new or expanded services.

The needs information shown here is driving the process of adding and expanding new services, as can be seen in the goals and objectives section.

### **B. Goals and Objectives**

The goals and objectives are oriented toward moving the services system forward, with regard to effectively and efficiently assisting those people who use the services, to function at the least-dependent level, and integrated into their communities as is safe and reasonable.

**1. Expand Supported Community Living services in Audubon County.**

Objective: Develop SCL services, providing up to multiple contacts per day, available within five business days of referral in Audubon County within the next two years.

**2. Increase the range and levels of supports to persons with mental illness.**

Objectives: Work to assist existing providers to expand and/or improve in-home, out-patient, and residential supports to persons who are in crisis or with persistent mental illness.

**3. Develop and implement a contracting system for the consortium**

Objective: Develop a contract with providers of purchased services by 1/1/04.

b. Complete contracts, including the rate setting component with providers by 6/30/04.

The Coordinator will be responsible for scheduling meetings between providers and case managers to facilitate the planning and implementation of these objectives. Progress will be measured by means of comparison with time frames to be referenced in the written plan which will be a part of the first Annual Review. No new money will be allocated for any of the identified projects. Funding will be accomplished by means of existing mental health funds, if necessary, but on-going funding, above and beyond what would otherwise be expended for similar services currently purchased will only be allowed with Board approval.

**C. Services and Supports**

Services shown may be funded if the level is marked yes for a diagnostic group.

SERVICE	MR/DD*	CMI	MI
MHI	Yes	Yes	Yes
Attorneys/sheriff transport	Yes	Yes	Yes
Mental Health Advocate	Yes	Yes	Yes
Community Inpatient Hospital*	Yes	Yes	Yes
Crisis Services	Yes	Yes	Yes
Case Management	Yes	Yes	No
Partial Hospitalization *	Yes	Yes	Yes
Public Health Nursing	Yes	Yes	No
Out-patient Psychotherapy	Yes	Yes	Yes
Day Services	Yes	Yes *	No
Work Services	Yes	Yes *	No
Supported Employment	Yes	Yes	No
CSALA	Yes	Yes	No
HCBS-Waiver (individual)	Yes	No	No
RCF/MR CSALA 1-5 Bed	Yes	No	No
RCF/MR Group 1-5 Bed	Yes	No	No
HCBS-Waiver 2-6 Bed	Yes	No	No
RCF/MR 6-15 Bed	Yes	No	No
RCF/MR 16-25 Bed	Yes	No	No
RCF/PMI	No	Yes	No
RCF	Yes	Yes *	Yes *
Supported Community Living	Yes	Yes	Yes
Personal & Environmental Support	Yes	Yes	No
ICF/MR	Yes	No	No
Drug & Alcohol	No	No	No

\* DD Note: Persons diagnosed with developmental disability may only be enrolled for funding from county mental health funds as an exception, approved by the Board of Supervisors, or as an entitlement or mandate.

\* Hospitalization will be covered at Cherokee MHI as ordered by the court and private hospitalization will only be covered when the service is provided by a hospital with which the county has contracted with.

\* Day services and work services for the CMI population may only be paid under three circumstances:

1) to transition people out of the hospital/avert hospitalization

2) to maximize self-sufficiency

\* Residential care for persons with MI may be provided at privatized county care facilities when they present as chronically indigent on a case-by-case basis.

\* Residential care for persons with CMI may continue to be provided to those receiving care before 7/1/96.

- Persons at risk of hospitalization will be funded in the least restrictive residential program that adequately addresses their need for stabilization and skill training to become self-sufficient.

#### D. Provider Network

The providers shown are those which are currently being, or those that may be funded by the counties to provide services to eligible consumers. Providers will be qualified as is specified in section I. G. of the policies and procedures manual. Additional providers may be used, and this list shall not mandate the counties to fund the providers, simply due to the listing of same.

NAME	CODE	SERVICE
Abilities Unlimited	50-362, 63-310	Work Services, CSALA
Access Inc	50-362	Work Services
Area XII A & D T U	NA	Not in Mental Health Fund
Area XIV Agency on Aging	31-000	Transportation
Atlantic Medical Center Pharmacy	41-306	Prescription Meds
Atlantic Medical Center Pharmacy	73-319	Hospitalization, psychiatric
Audubon Co Memorial Hospital	73-319	Hospitalization, psychiatric
Broadlawns Medical Center	73-319	Hospitalization, psychiatric
Carroll Psychiatry	42-305/399	Psychotherapy, out-patient
Carroll Regional Counseling Center	42-305/399	Psychotherapy, out-patient
CASS Inc.	50-362	Work Services
Cedar Lane Estates	65-314	RCF 16+ bed
Cherokee County Work Services	50-362	Work Services
Cherokee MHI	72-319	State Institution, psychiatric
Children & Families of Iowa	11-399	Protective payee
Clarinda MHI	71-319	State Institution, psychiatric
Community Care of Glenwood	65-318	ICF/MR 16+ bed
Concerned, Inc.	50-362	Work Services
Counseling Assoc. of NC IA	42-305	Psychotherapy, out-patient
Country View Estates	65-314	RCF 16+ bed
DHS Case Management	21-374	Case Management
Dowd Drug	41-306	Prescription Medication
Eye Care Associates	41-305	Medical Care
Eyerly-Ball CMHS	42-305	Mental Health Services
Family Resource Center	32-329	HCBS
Fourth Ave Group Home	65-318	ICF/MR 16+ bed
Genesis Development	50-362/368,63-310/315 32-329	Work Svcs, SE, CSALA, RCF/MR HCBS
Glenwood State Hosp-School	4272-319	State Hospital-School
Greene Co Medical Center	73-319	Physiological, psychotherapeutic
Guthrie Co Hospital	73-319	Physiological, psychotherapeutic
Guthrie Family Medical Center	41-305	Medical Care
HomeCare Services	31-354	Transportation
Howard Center	50-362, 50-368	Work, Employment Services
Humboldt Workshop, Inc.	50-362	Work Services
Ida Sheltered Industries	50-362, 63-329	Work Services, HCBS
Innovative Industries	50-362	Work Services
Iowa Central Industries	50-362, 63-310/315	Work Services, CSALA, RCF/MR
Johnson, Mary DDS	41-305	Medical Care, Dental

<u>NAME</u>	<u>CODE</u>	<u>SERVICE</u>
Link Associates	50-362	Work Services
Madison County Elderly Services	31-000	Transportation
Mainstream Living, Inc.	63-315, 63-329	RCF/MR, HCBS
Mallard View, Inc.	65-314	RCF 16+ bed
Mary Greeley Medical Center	73-319	Private Hospital, psychiatric
McFarland Clinic, PC	41-305, 73-319	Medical Care, Committal
Medicap Pharmacy	41-306	Prescription Medications
Mental Health Advocate	74-395	
Miller Todd	41-305	Medical Care
New Hope Village	63-310/315, 65-318	CSALA, RCF-ICF/MR1-5,16+ bed
	63-329	HCBS
North Central Human Services	64-318	ICF/MR 6-15 bed
North Iowa Transition Center	63-310	CSALA 1-5 bed
North Iowa Vocational Center	50-362, 368	Work, Employment Services
Northwoods Living	63-310	CSALA
Oak Haven	65-314	RCF 16+ bed
Opportunity Living	65-318	ICF/MR 16+ bed
Opportunity Village	65-318	ICF/MR 16+ bed
Panora Medicap Pharmacy	41-306	Prescription Meds
Parents United of NC IA	42-305	Psychotherapy, out-patient
Park View Homes	65-318	ICF/MR 16+ bed
PLUS, Inc.	64-315	RCF/MR 6-15 bed
Prairie Rose Mental Health Center	42-305/399	Psychotherapy, Out-patient
Progress Industries	63-310	CSALA
Progressive Options	65-314	RCF 16+ bed
Public Health, Audubon County	41-307	In-Home Nursing
Public Health, Greene County	41-307	In-Home Nursing
Public Health, Guthrie County	41-307	In-Home Nursing
REM-Atlantic	64-315	RCF/MR 6-15 bed
REM-Council Bluffs	64-315	RCF/MR 6-15 bed
REM-Developmental Services	50-367	Adult Day Services
REM-Iowa	64-315	RCF/MR 6-15 bed
REM-Leadway, Inc.	64-315	RCF/MR 6-15 bed
ResCare	44-396	SCL
Richmond Center, The	42-303/399	MHC, psychotherapy, out-patient
Sheriff, Audubon County	74-353	Transportation, Committal
Sheriff, Greene County	74-353	Transportation, Committal
Sheriff, Guthrie County	74-353	Transportation, Committal
Southern Iowa Trolley	31-000	Transportation
Southwest Iowa Mental Health Center	42-305/399	Psychotherapy, Out-patient
Southwest Iowa Residential Services	63-329	HCBS/MR Waiver
Spectra Health Care	65-314	RCF 16+ bed
St Anthony Regional Hospital	42-305/399	Psychotherapy, Out-patient
Story Co Development Center	50-362	Work Services
Sunshine Homes, Inc.	65-314	RCF 16+ bed
Trinity Regional Medical Center	73-319	Inpatient, Private/Public Hospital
Village Northwest Unlimited	65-318	ICF/MR 16+ bed
Vocational Development Ctr, The	50-362	Work Services
WESCO	50-362, 63-310	Work Services, CSALA 1-5 bed
West Central Mental Health Center	42-305	Mental Health Services
Westminster House	63-310, 64-314	CSALA, Residential
Willow Heights, Inc.	65-314	RCF 16+ bed
Winifred Law Opportunity	50-362	Work Services
Woodward State Hosp-School	72-319	State Hospital-School

#### D. Access Points

Coordinator, Ted Ely, hours: 8:00 to 4:30, Monday through Friday, email: cpcely@yahoo.com  
Fax:515/386-2216; phone voicemail available 24 hours, 7 days per week as listed

- Audubon county - Courthouse, 318 Leroy St., Audubon, IA 50025, phone: (800)254-3054
- Greene county - Courthouse, 114 N. Chestnut, Jefferson, IA 50129, phone: (800)254-3054
- Guthrie county - Courthouse, 200 N. 5<sup>th</sup> St., Guthrie Center, IA 50115, phone: (800)254-3054

DHS Local Offices, hours: 8:00 to 4:30, Monday through Friday

- Audubon county – 608 N Court St, Suite C, Carroll, IA 51401, phone: (866)578-9861
- Greene county - 608 N Court St, Suite C, Carroll, IA 51401, phone: (866)578-9861
- Guthrie county - 608 N Court St, Suite C, Carroll, IA 51401, phone: (866)578-9861

DHS Case Management, hours: 8:00 to 4:30, Monday through Friday

- Audubon, Greene and Guthrie counties;
  - Jill Christoffersen, PO Box 184, Audubon, IA 50025, phone: (712)563-4600
  - Belinda Mikkelsen, PO Box 184, Audubon, IA 50025, phone: (712)563-4003
  - Bev Harlan, 200 N 5<sup>th</sup> St, Guthrie Center, IA 50115, phone: (641)747-8030
  - Charla Grote, 110 E. State, Jefferson, IA 50129, phone: (515)386-8836
  - Mary Wilson, 110 E. State, Jefferson, IA 50129, phone: (515)386-4730
- Regional;
  - Linda Conrad, Case Management Supervisor, phone: 641-751-3035

Mental Health Centers/Other Mental Health Providers:

- Guthrie County
  - West Central Mental Health Center – 2111 Green St, Adel, IA 50003
  - Guthrie County Hospital, 710 N. 12<sup>th</sup>, Guthrie Center, IA 50115; Phone: (800)321-7772
- Greene County
  - The Richmond Center;
    - Greene County Medical Center; 1000 W. Lincolnway, Jefferson, IA 50129;Ph: (515)386-2114
    - Ames Office; 125 S Third, Suite 200, Ames, IA 50010;Ph: (515)232-5811 or 800-830-7009
- Audubon County
  - Carroll Psychiatry & Family Counseling Center
    - 318 S. Maple, Carroll, IA 51401; Ph: (712)792-3264 or (800)305-3264
  - Prairie Rose Mental Health Center
    - 1303 Garfield Ave., Harlan, IA 51537; Ph: (712)755-5056 or (712)755-5156
  - Southwest Iowa Mental Health Center
    - 1408 10<sup>th</sup> St., Atlantic, IA 50022; Ph: (712)243-2606 or (800)458-4403